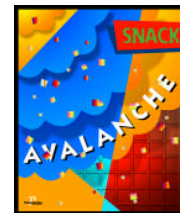
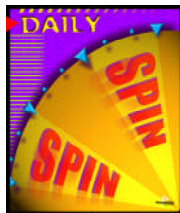


November
2009

Memorial Middle School Menu



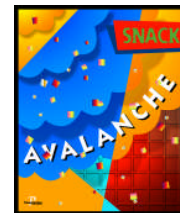
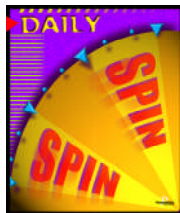
Monday 11/2	Chicken Patty on a Bun & Cheesesteak on a Bun	Italian Hot Dog w/Assorted Toppings	Assorted Sandwiches Available Daily FEATURED TODAY Pastrami on Rye	Assorted Garden Salads Available Daily FEATURED TODAY Garden Salad w/Cheese Cubes	Fresh Baked Cookies Hot Pretzels Assorted Baked Chips 100 Calorie Snacks/Cookies Animal Crackers Minute Maid Frozen Fruit Bars
Tuesday 11/3	Chicken Nuggets w/Dinner Roll & Cheese Burger on a Bun	Double Rib-B-Que on a Bun	FEATURED TODAY Turkey & Swiss on a Wheat Roll	FEATURED TODAY Chicken Salad Platter	Dasani/Poland Spring Water Powerade Vitamin Water Snapple
Wednesday 11/4	Chicken Patty on a Bun & Cheesesteak on a Bun	Domino's Pizza	FEATURED TODAY Italian Sub	FEATURED TODAY Chicken Caesar Salad	Clear Canadian Sparkling Water Minute Maid 100% Juice
Thursday 11/5	NJEA CONVENTION NO SCHOOL				 Pomptonian FOOD SERVICE Menu Subject to Change Your comments are important to us. Please email us at comments@pomptonian.com
Friday 11/6					



A complete lunch includes entrée, bread, 2 selections of vegetable/fruit, and milk selection

Also Available Daily: Assorted Fresh & Chilled Fruit Bowl and Bread Basket

November
2009

Memorial Middle School Menu



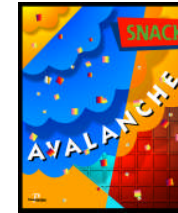
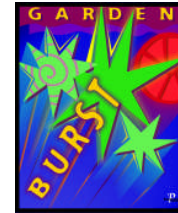
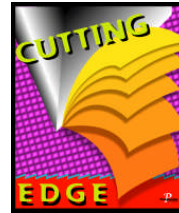
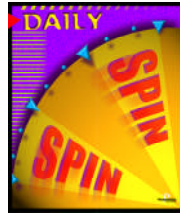
Monday 11/9	 Chicken Patty on a Bun & Cheesesteak on a Bun	Sausage & Peppers Hero	Assorted Sandwiches Available Daily FEATURED TODAY Pastrami on Rye	Assorted Garden Salads Available Daily FEATURED TODAY Garden Salad w/Cheese Cubes	Fresh Baked Cookies Hot Pretzels Assorted Baked Chips 100 Calorie Snacks/Cookies Animal Crackers Minute Maid Frozen Fruit Bars
Tuesday 11/10	 Chicken Nuggets w/Dinner Roll & Cheese Burger on a Bun	Meatball Parm Hero	FEATURED TODAY Turkey & Swiss on a Wheat Roll	FEATURED TODAY Chicken Salad Platter	Dasani/Poland Spring Water Powerade Vitamin Water Snapple
Wednesday 11/11	VETERAN'S DAY – NO SCHOOL				Clear Canadian Sparkling Water Minute Maid 100% Juice
Thursday 11/12	 Chicken Nuggets w/Dinner Roll & Cheese Burger on a Bun	Pork Roll, Egg & Cheese on a Bun	FEATURED TODAY Italian Sub	FEATURED TODAY Pasta Chicken Salad	 Menu Subject to Change Your comments are important to us. Please email us at comments@pomptonian.com
Friday 11/13	 Chicken Patty on a Bun & Cheesesteak on a Bun	 Domino's Pizza	FEATURED TODAY Egg Salad Hero w/Lettuce & Tomato	FEATURED TODAY Tuna Salad Platter	

A complete lunch includes entrée, bread, 2 selections of vegetable/fruit, and milk selection

Also Available Daily: Assorted Fresh & Chilled Fruit Bowl and Bread Basket

November
2009

Memorial Middle School Menu



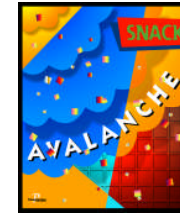
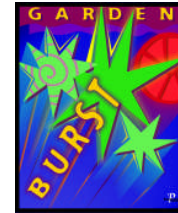
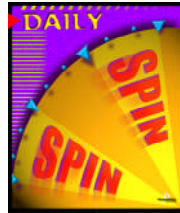
Monday 11/16	 Chicken Patty on a Bun & Cheesesteak on a Bun	Spicy Chicken Patty on a Bun	Assorted Sandwiches Available Daily FEATURED TODAY Pastrami on Rye	Assorted Garden Salads Available Daily FEATURED TODAY Garden Salad w/Cheese Cubes	Fresh Baked Cookies Hot Pretzels Assorted Baked Chips 100 Calorie Snacks/Cookies Animal Crackers Minute Maid Frozen Fruit Bars
Tuesday 11/17	 Chicken Nuggets w/Dinner Roll & Cheese Burger on a Bun	BBQ Chicken w/Dinner Roll	FEATURED TODAY Turkey & Swiss on a Wheat Roll	FEATURED TODAY Chicken Salad Platter	Dasani/Poland Spring Water Powerade Vitamin Water Snapple
Wednesday 11/18	 Chicken Patty on a Bun & Cheesesteak on a Bun	Hot Ham & Cheese on a Bagel	FEATURED TODAY Italian Sub	FEATURED TODAY Chicken Caesar Salad	Clear Canadian Sparkling Water Minute Maid 100% Juice
Thursday 11/19	 Chicken Nuggets w/Dinner Roll & Cheese Burger on a Bun	Beef Gyro w/Lettuce, Tomato & Ranch Dressing	FEATURED TODAY Ham & Cheese On Wheat Bread	FEATURED TODAY Pasta Chicken Salad	 Menu Subject to Change Your comments are important to us. Please email us at comments@pomptonian.com
Friday 11/20	 Chicken Patty on a Bun & Cheesesteak on a Bun	 Domino's Pizza	FEATURED TODAY Egg Salad Hero w/Lettuce & Tomato	FEATURED TODAY Tuna Salad Platter	

A complete lunch includes entrée, bread, 2 selections of vegetable/fruit, and milk selection

Also Available Daily: Assorted Fresh & Chilled Fruit Bowl and Bread Basket

November
2009

Memorial Middle School Menu



Monday 11/23	 Chicken Patty on a Bun & Cheesesteak on a Bun	Bacon, Cheddar Burger on a Bun	Assorted Sandwiches Available Daily FEATURED TODAY Pastrami on Rye	Assorted Garden Salads Available Daily FEATURED TODAY Garden Salad w/Cheese Cubes	Fresh Baked Cookies Hot Pretzels Assorted Baked Chips 100 Calorie Snacks/Cookies Animal Crackers Minute Maid Frozen Fruit Bars
Tuesday 11/24	 Chicken Nuggets w/Dinner Roll & Cheese Burger on a Bun	Chicken Twister w/Lettuce, Tomato & Ranch Dressing	FEATURED TODAY Turkey & Swiss on a Wheat Roll	FEATURED TODAY Chicken Salad Platter	Dasani/Poland Spring Water Powerade Vitamin Water Snapple
Wednesday 11/25	 Chicken Patty on a Bun & Cheesesteak on a Bun	 Domino's Pizza	FEATURED TODAY Italian Sub	FEATURED TODAY Chicken Caesar Salad	Clear Canadian Sparkling Water Minute Maid 100% Juice
Thursday 11/26	THANKSGIVING HOLIDAY				 Pomptonian FOOD SERVICE Menu Subject to Change Your comments are important to us. Please email us at comments@pomptonian.com
Friday 11/27	 NO SCHOOL				

A complete lunch includes entrée, bread, 2 selections of vegetable/fruit, and milk selection

Also Available Daily: Assorted Fresh & Chilled Fruit Bowl and Bread Basket